



PLEASE POST

UPSforDownS

United Parent Support for Down Syndrome
Support • Information • Community

September Meeting

Roadmap to Reason

Behavior, Time, Stress got you lost? Get on the right track



FOR A MAP AND MORE INFORMATION, VISIT: [HTTP://UFDSEPTEMBER2010.EVENTBRITE.COM/](http://ufdseptember2010.eventbrite.com/)

Thursday, September 23, 2010

7:00 p.m. - 10:00 p.m.

Schaumburg Township Board Room - 2nd Floor
One Illinois Boulevard, Hoffman Estates, Illinois

New grade, back to school, end of summer, oh my! Kids and adults struggle with change in trying to adjust to daily schedules. Dr. Janis Johnston, Child Psychologist/Behavior Consultant will help us learn how to create a "road map" to miss the "detours" of homework hassles and power struggles as the journey of this school year begins. Parents will garner great ideas to help manage those inherent family challenges: time and stress!

Free on-site child care is available to parents attending the meeting. Space is limited. You must RSVP with the names and ages of your children no later than Tuesday, September 21 at <http://ufdseptember2010.eventbrite.com/> or 847-895-2100

LOOKING AHEAD

Thursday, September 16 - Down Syndrome Plus+ Meeting
Thursday, October 28 - Monthly Meeting: Puberty: <http://ufdoctober2010.eventbrite.com/>
Friday, October 29 - Dating Workshop: <http://basicsofdating.eventbrite.com/>
Saturday, October 30 - Teen Relationships/Social Skills : <http://dsrelationships.eventbrite.com/>